



# YOUR CURATED ITINERARY

## WELCOME

Your journey is personal. Your itinerary is uniquely yours; curated by our team, to meet your travel, adventure and learning objectives. Welcome to Belize!

[Sample Itinerary](#)

Nov. 2022

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## Welcome to Belize!

It's our pleasure to welcome you to Central America's gateway to the Caribbean. A country that boasts 50% forest cover, the second largest barrier reef in the world, a myriad of diverse cultures and languages, and a friendly population waiting to welcome you.

At Discovery Global Travel, we not only specialize in Belize Destination Management, for over 20 years, we've made Belize our home. We love Belize and we strongly believe that this is an incredible backdrop to conduct your educational travel experience or event. We facilitate the best that Belize has to offer, inland, on the coast or cayes.

**Inland** features jungles, mountains, rivers, waterfalls, Maya archeological sites, wet or dry caves, and activities including zip lining, kayaking, horseback riding, botanical gardens, Maya cultural activities, culinary exploration, wildlife centers, and more!

**The Coast and Cayes** feature the turquoise waters of Belize Barrier Reef where one can dive, snorkel, island hop and sail. Communities are laid back, beach focused, and offer the essential Caribbean vibe. We offer group dive certification, private charters, and entirely marine-focused itineraries.

**Educational Group Travel** is our forte. Over the past two decades, we've curated hundreds of study-abroad and adult educational groups. We work closely with international clients to design educational programs featuring activities tailored to specific learning objectives. In doing so, we've cultivated an extensive network of projects, presenters, community contacts and experts across disciplines.

**Conferences & Events** combine your work with our local expertise. Imagine your next continuing education conference or corporate event held in San Ignacio, Belize's eco-tourism hub, or a beach resort with group excursions to soft-sand cayes. Our itineraries blend work and play, and thrill your guests with immersive cultural and adventure experiences.

**Across the Border** in Guatemala and Mexico we're also at home. Guatemala offers iconic Maya Archeological sites and culture, breathtaking colonial cities, volcanos, urban and eco-adventures. Across the border Mexico boasts the Costa Maya & Maya Riviera with their Caribbean coastal grandeur, incredible cenotes, archeological sites, and cultural & culinary adventures.



## Your Curated Itinerary

International Relations								
University of San Diego								
November 18th-27th								
Date	Pick up Time	Start Time	End Time	Activity/Topic	Breakfast	Lunch	Dinner	
Friday Nov. 18th	5:30			Arrival at Philip Goldson International Airport (BZE)			Hode's -Rice & Beans Welcome Dinner	
		5:30	7:00	Transfer to San Ignacio		Snack Pack		
		7:30	8:30	Welcome Dinner/Orientation				
Saturday Nov. 19th		7:00	8:00	Breakfast	Hotel	Picnic Lunch		
		8:30	10:30	Walking Tour of San Ignacio/Market				
		10:30	12:00	Guest Speaker on Languages and Cultures of Belize and the region.				
		12:00	01:00	Lunch				
Sunday Nov. 20th		2:30	03:30	Chocolate Making	Hotel	Maya Women's Group		
		7:00	9:00	Slow Breakfast				
		9:00	1:00	Maya Women's Group				
Monday Nov. 21st		2:00	5:00	Ziplining	Hotel			
		7:00	8:00	Breakfast				
	9:30	10:00	12:00	-FCD Rafael Manzanero on trans-national border security and natural resource management				
Tuesday Nov. 22nd		12:00	1:00	Lunch	Hotel	Lunch		
		1:30	5:00	Xunantunich				
		7:00	8:00	Breakfast				
Wednesday Nov. 23rd		8:15	9:30	Visit Belize Capital; Site Visit TBD	Hotel	Lunch		
		12:00	1:00	Lunch				
		1:30	4:00	Art Box				
Wednesday Nov. 23rd		7:00	8:00	Breakfast	Hotel	Lunch		
		08:30	12:00	*Guest Speaker: Transboundary Dispute between Belize and Guatemala; Foundations of the modern Belize Political System				
		12:00	1:00	Lunch				
Thursday Nov. 24th		1:30	5:00	Taiwanese Technical Mission	Hotel	Lunch		
		7:00	8:30	Slow Breakfast				
		9:00	9:00	11:30				Transfer to border, Tikal
		12:00	1:00	Lunch				
		1:30	4:00	Tikal Tour				
Friday Nov. 25th		4:30	5:30	Transfer to Flores	Hotel	ARCAS		
		7:30	9:00	Group Dinner				
		7:00	8:00	Breakfast				
		8:30	9:00	1:30				ARCAS Education Center. Discuss the relationship between NGOs and Government in Guatemala, wildlife trafficking, One Health, future pandemics, the role of WHO in wildlife disease outbreak monitoring.
		3:00	6:00	Swimming/Paddle Boarding/Kayaking in Lago Peten Itza/Free Time				
Saturday Nov. 26th		7:00	9:00	Slow Breakfast	Hotel	Hotel	Departure Dinner	
		9:00	12:00	Flex Time				
		12:00	1:00	Lunch				
		1:15	1:30	4:00				Transfer to San Ignacio
Sunday Nov. 27th		06:30	08:00	Dinner	Hotel	Packed Lunch		
		7:00	8:00	Breakfast				
				Transfer to International Airport Safe Trip Home				



# BELIZE EMERGENCY TELEPHONE NUMBERS

Dial 911 for Police or Fire Emergency

## Police

San Ignacio Police  
+501-804-2022  
Belize City Police  
+501-207-2222  
Caye Caulker Police  
+501-206-0091

## Medical Emergency

San Ignacio Public Hospital (Ambulance Service)  
+501-804-2761  
Karl Heusner Memorial Hospital (Belize City)  
+501-223-1548  
St. Luke's Hospital (Belmopan)  
+501-822-2379  
Dr. D's Clinic (Caye Caulker)  
+501-226-0911  
Dr. Yorlery Jiménez, M.D. (San Ignacio, Belmopan)  
+501-614-6595

## HEALTH AND SAFETY SUMMARY

We at Discovery Global Travel (DGT) want everyone to have fun and be safe during their program. Student, faculty and staff safety is the first priority for DGT. Likewise, health and safety are the first consideration when selecting vendors for accommodations, transportation, food and recreational activities. Please familiarize yourself with our Health and Safety Preparedness Plan, provided with your welcome pack. And always let us know immediately if you have any health and safety concerns before or during your trip.

## Packing List

### Required items

- Valid Passport good for at least 6 months prior to the end of your trip.
  - Save a photo of the photo page of your passport.
- Medications and prescriptions
- Print out of your itinerary in case required by immigration.
- Proof of ticket for departing the country.
- Wallet with Credit Card or other form of payment.



- Note that you may need to inform your bank or credit card company of your travel plans.
- Any Emergency IDs, Tags (as needed)
- Emergency cash (\$100USD in smaller bills recommended)
- All items for personal hygiene

## Recommended Items

*Your accommodation will provide you with sheets, pillows, blankets, etc. There are filtered water dispensers at all program locations for refilling water bottles.*

- Water bottle
- Cell phone with cables (110 volt)
- Laptop or device for writing
- Sunscreen, after-sun care
- Insect repellent
- Laundry bag
- Head lamp
- Extra towel
- Wet wipes or toilet tissue (public bathrooms don't provide).

## Clothing

- Sun glasses
- Hat
- Comfortable foot wear for walking.
- Closed toed shoes.
- Sandals
- Swim gear, including a swim shirt for sun protection when snorkeling
- Casual, comfortable clothes for warm to hot climate.
- Casual, nicer clothes for eating/going out.
- Work-out clothing
- Rain jacket
- Clinical attire (as relevant)

**Regarding dress and conduct**, “when in Rome, do as the Romans do”. We promote respect for and of other cultures in the places where you’re a guest. Latin America and the Caribbean is culturally conservative. There are exceptions, but we’re focusing on the prevailing culture.

As-such, visitors should dress appropriately for the event or location. When at the beach or pool, a modest swimsuit is appropriate (Thong bikinis are not recommended). When visiting Maya Archeological sites, Cultural visits, around town, clinics, classroom and at the hotel, we



urge you to dress modestly. Avoid crop tops, spaghetti straps, yoga pants, short shorts, and so forth. Males should always wear a shirt, unless at the pool or beach.

## Weather & Travel

Visitors enjoy Belize year-round, and particularly in the winter. It's warm to hot and waters are near-perfect temperature for swimming, year-round.

Please note:

- The coolest time of year occurs from November through mid-March. This is when temperatures are ideal.
- The hottest time of year occurs from mid-March through Mid-May. This is the dry season, and it is very hot!
- The wettest month is October.
- Belize City experiences rainfall approx. 135 days out of the year. Rainy conditions rarely persist more than a few hours.
- Hurricane events are rare. Hurricane season runs from June through November.

**Sustainability** is so central to our operational ethics that Discovery's founder holds a Master's Degree from Harvard in Sustainability. We work hard to select accommodations, foods, activities at businesses which are locally owned, well-managed, safe, affordable and well-sustainable. We take actions and make decisions that make a "net positive" impact in our community.

Tourism is central to Belize and the region's economy, and we try to spread the benefits of tourism to individuals and entities which support Belize's development, progress and improves quality of life. We realize that we're a travel business, and travel itself has impacts which are realized the moment you book your flight and continue as you journey. Each day of your life, whether at home or abroad, you're a consumer of resources and you create waste. During your trip, we streamline and direct that consumption and waste; making group travel much more efficient than individual travel.

**Concierge service** is available throughout your trip. Whether it's adding an activity to your itinerary, recommendations, reservations, medical or private, feel free to ask us.

**Thank you** for choosing Discovery Global Travel. We hope you enjoy your trip and think of us when planning your group travel or event in Belize and the region!

